

## FOANS23 NCAA Coach's Packet

Training Schedule, Breakdown, Rosters, and Championship Groups

We recommend you print this packet out as it will have all the information you need for the event.

Thank you for joining our staff this year. We've carefully asked coaches that we have a relationship with and handle the FO coaching duties at their programs. We encourage you to please feel free to walk around and coach kids up, ask questions about their stance, provide a little feedback about their technique, etc. We wanted to get away from the concept of guys just standing around with clipboards and have interactive coach's who understand the position here. We know from experience that if a school is known for having a dedicated FO coach, it provides that program a huge leg up in recruiting at this position.

There are 8 total fields created for this event. When you enter the fieldhouse and look at the field, the breakdown starts from the field closest to the entrance on your left. That is field 1 and then the fields are numbered clockwise around the fieldhouse (see field layout below).

### Combine Training fields for each class:

Field 4 – 2024/25	Field 5 – 2026 Groups A-D
Field 3 – 2024/25	Field 6 – 2026 Groups E-H
Field 2 – 2024/25	Field 7 – 2026 Groups I-L
Field 1 - 2027	Field 8 – 2028/29

#### **Training Schedule:**

8:30-8:45 – Dynamic Warm-Up (Coach's choice)

8:45-9:00 – Dummy Draws

- 3 reps with partner of all 6 layers. Quick exit, roll away and pass back to partner 9:00 – 9:15 – Lives: Top vs Bottom Sidewall (rotate partners every 5 reps)

9:15- 9:30 – Dummy Draws

- Counter work. (5 reps each of Shovel, Reverse Shovel, Deflate Rake)

9:30 – 9:45 – Lives: Offensive move vs Counter (rotate partners every 5 reps)

9:45 – 10:00 – Lives: Transitional Moves

- 2 Whistles. 1<sup>st</sup> whistle is initial move and then freeze on impact. 2<sup>nd</sup> whistle is transitional counter or exit.

10 – 10:25 – Lives: Any move the players want (rotate after 5 reps)

10:25 – Send to middle for breakout for lunch.

## FOANS23 Roster Group Breakdown

2024

Group A	Group B
David Godwin	Mason Shackelford
Jack Cooper	Cole Mogensen
Michael Goben	Palmer Wynne
Braydn Strzelecki	William Paulson
Grady Weaver	Cooper Tilden
Mitch May	Burke Wade
Necco Cottage	

2025

Group A	Group B	Group C	Group D	Group E	Group F	Group G	Group H
Vance Flick	Teddy	Logan	Nicolas	Alex	Caleb	Mac	Adam
	Coyle	Genna	Belmonte	Kalliaras	Caldwell	Fitzpatrick	Lefkowitz

Max Garro	Wilder	Thomas	Jayson Halpin	Oscar	Connor	Nathan	Ander
	Finkel	Repke		Loehnis	Webb	Pickerd	Berman
Anthony	Finn	Will	Andrew Silvia	Zach Sebra	Andrew	Tyler	Sam
Scaturro	Hudson	Cochran			Frame	Peterson	Churchill
Andrew	Eric Torre	Conner	Dominic	Phoenix	Maximus	Ryan	Blake
Jones		Derogatis	Alferi	Kelly-Zucke	Tierney	Chung	Skifstad
				rman			
Luka	Alex	Nicholas	Tamer Khalil	Zack	River	Spencer	Ryan
Vecchione	DeBender	Wallace		Hernandez	Thompson	Hamm	Demaree
Isaiah	Kaden	Rex	Bryce	Tanner	Liam Lewis	Nicholas	Dylan
Chavez	Fenno	Hockman	Ferguson	Compton		Pacitti	Mackie
Michael	Matthew	Ryan	Liam Craig	Ardeem	Malachai	Dylan	Sullivan
Tauscher	Mayfield	Lazzara	_	Sarajian	Binder	Botoff	Boyer
Jake	Ryan	Charlie	Luke Fuqua	Tober	Gavin	Banyan	Ryan
Kelshaw	Hudson	Quinn	·	Steelhamm	Dalton	Fruge	Mauer
				er		_	

<u> 2026</u>

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Group A	Group B	Group C	Group D	Group E	Group F	Group G	Group H	Group I	Group J	Group K	Group L
Luke Tavolacci	Ryan McGavin	Dylan Porges	Gentry Curtis	Jake Giordano	Sam O'Brien	Delvani Valdivia	Travis Smith	Luke Shehata	Noah Roche	Cortland t Reideno ur	JD Huyser
Harry Lue	William Chapman	Daniel Hirsch	Ronin Mitchell	Gianni DePrime o	Billy Barrett	Will Conway	Simon Smith	Noah Anderso n	Owen Mureeb e	Luke DeVore	Andrew Smallwoo d
Luke Gouse	Aiden Kraus	Brady Shaw	Michael Calvo	Henry Longo	Quinn Foley	Dacis Bates	Jacob Vasquez	Gavin Gaertner	Ethan Goldber g	Quinn McGraw	Will Schuck
Austin Santanna	John Ryan Raria	Bo Ughetta	Nate O'Connell	Dawson Ropher	Evan Errigo	Geroge Mavlios	Zander Brasher	Edward Rudloff	Jack Andres	Nathan Blake	Hunter Smith-Pec ora
Lance Keller	Ravi Krishnan	Max Vanderbec k	Luke Adamczyk	Caleb Martin	Griffin Marvin	Brando n Sklar	Luke Mulder	James Irwin	Ethan Ha	Jake Tatro	Sean Brennan
Alex Barbagall o	Cole Garrett	Kaiden Brammer	Thomas Agents	Peter Oʻleary	Ezra Katz	Justin Scalzo	Leo Barbagall o	Sean Casey	Donova n Walker	Tyson Blalock	Aaron Pressman
Max Menkowit z	Joseph DeLaGarz a	William Lugo	Colt Walsh	Harrison Broach	Foster Huang	Simon Galvin	Eric Skonick	JJ Damo	Caden Hoffma n	ASlex Gregolof f	Giovanni Baggio
Kedren Smith	Kieran Ollendike	Kenny Romano	Christophe r Cannon	Michael Bitar	Braede n Kehoe	Aedan York	Quinn Frood	Harrison Consedin e			

<u> 2027</u>

Group A	Group B	Group C	Group D	Group E	Group F
Alexander Tsay	Athen Cano	Marcus Matwijec	Eli Stephan	Kane Quenault	Aedan Bishai
Will Morris	Joshua Frankl	Harris Hatcher	Trey Kuhlberg	Johnny Burton	Truitt Forse
Emmanuel Nikitiades	John Little	Jack McBrady	Chris Berardis	James Hedley	Stone Eich
Jackson Corlew	Jesse DeNegri	Brandon Weiner	Austin Prince	Gavin Kraft	Charles Abraham
Chase Kaufman	Trystean Warburton	Tj McDermott	Michael Spooner	Owen Laszewski	Connor Dodson
Grady Pool	Tommy Leland	Finley Bare	Tuck Greene	William Gehrmann	Teddy Peacock
Thomas Palladino	Jack Kiernan	Frankie Santos	Alex Spangler	Joshua Cudnik	Carson Jakuc
Maximus Slattery	Oliver Jackson				

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Group A	Group B	Group C
Ped Hunt	Corbin Brigham	Connor McHugh
Ryan Inzerillo	Quinn Acello	Hunter Hughes
Nicholas Mangelli	Holden Carlson	Hayes Kennedy
Nate Filler	Luca Apicella	Larson Morgan
Tyler Lago	Hudson Russell	Nicholas Pallone
Colton Korpan	Luke Druhot	Leo Fields
Colton Raio	Chase Degalleford	Paul Taraborelli

<u>2029</u>
Group A
Stephen Mclendon
Bo Bonelli
Mason McGowan
Charlie Young
Santi Loynaz
Thomas Manuel
Lincoln Rubendall
Xavier Murray

## FOANS23 Field Schedule - Group Play: 11am - 3pm

_	Field 4		Field 5
11am	2026 Group I	11am	2026 Group A
12pm	2026 Group J	12pm	2026 Group B
1pm	2026 Group K	1pm	2026 Group C
2pm	2026 Group L	2pm	2026 Group D
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	Field 3		Field 6
11am	2025 Group A	11am	2026 Group E
12pm	2025 Group B	12pm	2026 Group F
1pm	2025 Group C	1pm	2026 Group G
2pm	2025 Group D	2pm	2026 Group H
	Field 2		Field 7
11am	2025 Group E	11am	2027 Group A
12pm	2025 Group F	12pm	2027 Group B
1pm	2025 Group G	1pm	2027 Group C
2pm	2025 Group H	2pm	2027 Group D

Field 1				
11am	2028 Group A			
12pm	2028 Group B			
1pm	2028 Group C			
2pm	2029 Group A			

Field 8				
2024 Group A				
2024 Group B				
2027 Group E				
2027 Group F				

#### **Entrance**

# FOANS23 Field Schedule – Elimination Round: 3-4pm (Best of 5 single elimination)

Field 4	Field 5
2027	2026 – Bracket A
Field 3	Field 6
2028	2026 – Bracket B
Field 2	Field 7
Will Host Champions Round Following	2025
Elimination Round	
Field 1	Field 8
Will Host Champions Round Following	2024
Elimination Round	

Entrance



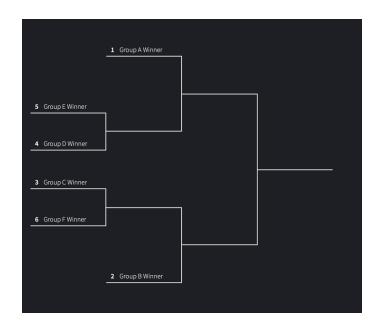
2025 Elimination Bracket Order



2026 Elimination Bracket Order (Top half is Bracket "A" Bottom Half is Bracket "B")



2027 Elimination Bracket Order



2028 Elimination Bracket Order



2029 Class will decide champion via Group Play